

Summer Running BINGO!

 BFF Run 	Sunset Run 	Treadmill Run	Long Run	Virtual Race 🏅 <i>*check online - Strava has lots of free options</i>
<hr/> Run <i>*make up your own!</i>	Run a New-to-You Route	Recovery Run <i>*run at a conversational pace</i>	Solo Run	Hills 
Run in the Rain!	Race! 		Run with a 4-Legged Friend 	Recruiting Run <i>*bring a non-runner with you</i>
Stroller Run <i>*for all the strong moms & dads</i> 💪	Urban Run	Tempo/Speed Run	Wildlife Sighting 	Cross Train
Midnight Run 	Run On a Track	Sunrise Run 	Unplugged Run <i>*leave your cell at home!</i>	Trail Run